u3a learn, laugh, live

June

Welcome to Jaunty June

Hazel Adamson, Chair of Hornsea & District u3a

June brings us to halfway through the year!
And June is known as the gateway to summer with fresh beginnings. As our bedding plants are swelling and growing and establishing themselves, so we, as people, can choose to enhance our own lifestyles, by trying something new. Maybe a new hobby, holiday
destination, an educational challenge, but also new adventures which help us to embrace change.
However it is noticeable that we live in an increasing ageist society, and it appears to be becoming more prevalent. Becoming mature, and retiring is all about the adventure of another beginning in life. We should not write people off just because their hair is thinning, or turning a different hue. The energy, experience, tolerance of a lifetime, comes to the fore. At u3a, we recognise these attributes and whilst we may do things a little slower, it's because we now have the time to enjoy the moment.
Agism refers to the stereotypes (how we think), prejudice (how we feel) and discrimination (how we act) towards others or oneself and reflects young as well as older people. Coined in 1969, agism manifests itself throughout society with negative attitudes. Regardless of gender, it is how we feel inside that's important. If asked, I expect most of us would say we still feel like that 30/40/ 50 year old that we were.
I recently came across this perspective on the 'pensioner':
Older people are the bedrock of the community:
• They are the volunteers who keep society focussed and moving
• Young parents rely on unknown hours of childcare provision
• They are a vital service of unpaid carers
• We keep society and the country functioning
• We care about democracy
• We get out of bed and vote
We should be portrayed as an asset not a burden. On that note, I would recommend anyone of a retired or semi retired age, or with time on your hands, to give Hornsea & District u3a a try. I am sure you will not regret it. You can dip in and out as much or as little as you wish. With an annual subscription of £20, it won't break the bank and includes monthly meetings, with a speaker, in the Floral Hall on the first Tuesday of the month (10 for 10.30am) plus the 30+ interest groups on offer. If the topic you are interested in isn't there, maybe you could start a group. Rosemarie is always on hand to guide you. Still not sure? For £3 you can attend a monthly meeting to get a feel. We are a very friendly number of people, with 'Buddies' set aside specifically to guide new members. Be part of an equal society, with give and take and respect for one another.
So now my rant is over I couldn't neglect to mention June hosts Fathers Day (21st).
Originating in the US in 1910 and officially established in 1972 it is an opportunity
to honour our fathers, stepfathers and grandfathers, maybe father figures in person or by remembrance of the effect they have or had on our lives.

Do you know Hornsea & District Hornsea Mere

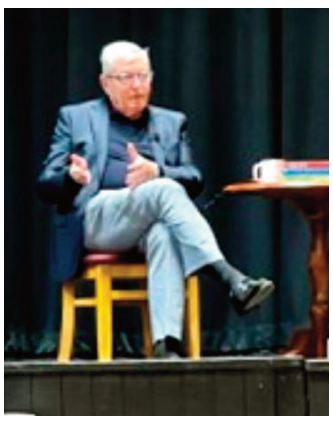
If you are new to Hornsea, it would be easy to miss the access to the Mere on Southgate. Follow the lane and it opens up into a wonderful vista of lake, shrubbery, trees.
Hornsea Mere is the largest freshwater lake in Yorkshire covering 467 acres near the East Riding coast. It is a prominent tourist attraction and Site of Special Scientific Interest (SSSI), renowned for birdwatching, boating, and fishing. Formed after the Ice Age, it offers a cafe, boat trips, and scenic walks, particularly known for its migratory gadwall population. Interestingly the mere was used as a base for the Royal Naval Air Service and then latterly, the Royal Air Force during the First World War.
If you are feeling energetic it can take 2 hours and 30 minutes to walk around the mere.

Historically June is a very busy month.

1162 - Thomas Becket was consecrated as Archbishop of Canterbury
1215 - King John and his barons met on the banks of the River Thames at Runnymede and sign the Magna Carta, thus removing total authority from the monarchy forever.
1314 - Scotland mourned the death of King Robert I. Better known as Robert de Bruce, he earned a place in Scottish history for his legendary victory over the English at Bannockburn.
1645 - In the English Civil War, Oliver Cromwell defeated the Royalists at the Battle of Naseby, Northamptonshire.
1870- Charles Dickens died of a stroke at his home in Gad's Hill Place, Kent.
1944 - D Day invasion of Normandy by 1 million Allied troops to liberate Western Europe from German occupation.
1946 - Television licences were issued in Britain for the first time; they cost £2.
1953 On a cold and wet day in London, the Coronation of Queen Elizabeth 11 took place in Westminster Abbey
And many many more events happened in June. It appears it was a popular month!

Focus on : Quizzical
Quizzical is a new quiz group. We meet every fortnight on the second and fourth Monday of the month between 7.00 and 9.00 at Hornsea Golf Club where there is good parking and a bar available. There are no set teams and new members can be assured of a warm welcome. Teams are chosen at random each time. We try to have a varied range of questions and styles with individuals encouraged to bring a round. In addition to traditional quiz questions we have had rounds on "answer smash" (Richard Osman's House of Games) and Wing Dings. New rounds planned to include pictures, anagrams and music. Why not come along and join our group. New ideas welcome. Feel free to bring a round.

Recap on May speaker



Alan was charismatic, talkative and informative about his upbringing, life in the Post Office and rise to General Secretary in 1992, before becoming a successful MP in the Blair & Brown governments for Hull & Hessle (Hell and Hustle). He now writes books, both fiction and non fiction. And he has promised to return in 2 years!
And I have to say that Adam did a very good job of interviewing Alan. It was also great to welcome so many visitors to see Alan.

Quote of the month "Start where you are. Use what you have. Do what you can."-Arthur Ashe

Speaker for June : It's Hell on Wheels;

Stephen Brown takes us on a ride through the highs and lows of learning to drive. Remember your foray into the driving world? It's promised to be very enlightening.

Hope to see you on June 2nd at the Floral Hall 10 for 10.30am.
hornseau3a.site.uk

The next meeting at the Floral Hall is on Tuesday 2nd June with speaker Stephen Brown who will take us on a ride through the highs and lows of learning to drive. The doors open at 10am and we make a start at 10.30am.

Visit our new website: www.hornsea.u3asite.uk