



Hello everyone

Without wanting to sound ungrateful, I am a little glad that the milder weather has decided to return, but wasn't expecting quite so much rain. However now we can get some things done instead of sitting in the shade, too exhausted to do anything except reading, drinking etc. etc

So what have you been doing and what has been your favourite or memorable 'thing/ activity' this summer?

Whilst there can be a multitude of answers and I would imagine photos to accompany, they are personal to each of us..

At the beginning of the school holidays, my husband said we'd set a project for the grandchildren, both near and far, to occupy them, possibly interest them.

That is: they could paint the garage doors in any way or colour they pleased.

So the photographs are the evidence of what they have done. It could have been worse! Even the neighbour got in on the act saying they could paint his as well!



And now for more news.....

Culinary Capers – A taste of Friendship and Adventure.

What do a fish smokehouse, a butchers sausage making workshop, a vineyard, a cream tea and an award winning fish and chip shop have in common? The answer is our U3As Culinary Capers Group.

We believe that food is about far more than eating. Every meal has a story, every producer has a passion and every outing offers the chance to learn something new, while enjoying the company of friends. That's why our members take turns organising food related adventures, introducing the group to places and experiences that many of us may never have discovered on our own.

One month, we might be watching traditional fish smoking methods, the next learning the art of sausage making from a local butcher. We have sampled local produce, met artisan food producers and enjoyed behind-the-scenes visits that reveal just how much still goes into the food on our plates. Not every outing is educational

in the traditional sense – sometimes it's simply about enjoying each other's company. We have taken advantage of the popular Tea42 offer at a local garden centre, where tea, cake and conversation were the perfect recipe for an enjoyable afternoon.

Coming up is Fiver Friday – when local independent businesses offer specials on the first Friday of the month, Tearooms, Butchers, gift shops and cafes all join in, and we'll be doing our bit to support while enjoying a traditional cream tea.

Themed supper evenings are always popular, whether it's an international menu or the local restaurants famous Pie Night, where the hardest decision is choosing the tempting selection on offer.

Our programme also includes a visit to a delightful model village with its charming café; while members looking for something a little different are looking forward to helping with the grape harvest at a nearby vineyard. As well as learning about viticulture, we'll be rewarded with breakfast and lunch, a perfect combination of fresh air, exercise and good food.

Another member is organising an outing entitled Fish and Ships. We'll visit our local Inshore Rescue Service to hear about the invaluable work carried out by its volunteers, before learning about sustainable fishing and how a local award winning fish and chip shop responsibly sources its fish. It's another reminder that food can be the starting point for discussing so much more about our local community.

The beauty of Culinary Capers is that members can join as many or as few activities as they wish. Every outing offers an opportunity to make new friends, strengthen existing ones and discover something new together. Food has a wonderful way of bringing people together and our shared experiences have helped build confidence, reduce isolation and create a real sense of belonging.

Culinary Capers has become much more than a food group. It celebrates curiosity, lifelong learning and the pleasure of sharing experiences with others. We support local businesses, uncover hidden gems in our area and prove that adventure doesn't always require travelling far – sometimes it's waiting just around the corner.

Our next outing is already being planned, whatever is on the menu, we know there will be plenty of laughter, good conversation and another opportunity to learn together.

“After all, the best ingredient in any recipe isn't the what's on the plate – it's the company around the table”

Angela Atkinson.

Culinary Capers Group Contact.



Puzzle - What am I?

You can make me

You can start me

You can feed me

You can poke me

You can put me out

You can stoke me

You can dampen me

What you cannot do is hold me

What am I?

Answer at the end

****WARNING****

It has been reported that a current text message scam is doing the rounds about TV Licences, saying that a direct debit had failed and needed redoing. Please be careful. Think before you make any sort of reply. Our October speaker will be telling us about scams so quite timely - Thank you Simon for organising it.

Bus Pass Group Information

The bus pass group uses public transport and is open to everyone regardless of whether you have a bus pass or not. Please contact Kath Connor at hornseau3a.outings@gmail.com to be added to the group or see Kath at the monthly meeting.

Forthcoming bus trips

12 September – Hutton-le-Hole, with optional trip to the Ryedale Folk Museum.

19 September – Bridlington with optional visit to Bayle Gate and other buildings open for Heritage Week

NEWS FROM THIRD AGE TRUST

friends events

Expand your horizons this September with *u3a* week

From 19-27 September, we'll be celebrating *u3a* week and we are delighted to announce our programme of online events, designed to present new perspectives.

- Monday 21 September - *Secrets of the human brain: Sleep and dreams*
- Tuesday 22 September - *The Enchanted Archipelago - a journey through the Galapagos with HX*
- Thursday 24 September - *Promoting brain health: from evidence to action*
- Friday 25 September - *Live cookery demonstration - try something new*

Alongside our online events, we are encouraging members to try something new just for fun. Visit [the *u3a* week page](#) to book your place at an online event and discover ideas for getting involved - and don't forget to [let us know](#) what you try.

The rise of punk music

Join us on Thursday 17 September at 10am for our online talk, "*The Titanic sails at dawn*": *punk in the 1970s*. Lee Wellbrook will explore the origins and rapid growth of UK punk in the 1970s, explaining how economic uncertainty, social change and youthful frustration fuelled a culture of rebellion, creativity and self-expression. Beyond the music, he will examine how punk transformed fashion, identity and everyday life, leaving a legacy that continues to have an impact today.



Journeys worth sharing – u3a getaways

This exciting new initiative has been developed especially for u3a members, combining expert-led cultural learning, carefully selected destinations and the opportunity to share new experiences with like-minded people from across the u3a movement.

This Autumn members have the chance to join *Appreciating Shakespeare* in Stratford-upon-Avon from 12 to 15 October 2026 – an opportunity to explore the Bard's life and works in his home town.

Please share this opportunity with your members and encourage them to discover the full programme of upcoming *u3a getaways*.

Learn more about the Shakespeare tour and [explore the full schedule of future getaways](#).

Can you guess who I left off the Committee list last month?

**Do you know your Hornsea & District u3a
Committee?**

Chair Hazel Adamson

Vice Chair Paddy Thompson

Secretary Adam Wilkinson

Treasurer Kevin Bullus

Membership Sec' Sheila Ellis

Groups Co-ordinator Rosemarie Bishop

Safeguarding Officer Rosemarie Bishop

Speaker Seeker Simon Stagg

Grants Officer Angela Atkinson

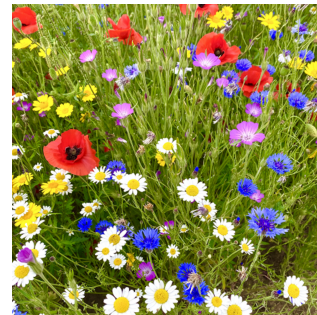
Welfare Officer Rita Bremer

Outings Kath Conner

Non Committee Members

Tech/ IT	Ken Hooper
Web page	Diana Evans
Publicity	Sue Grey

Gardening info



GARDEN OUTINGS GROUP - DO YOU REALLY KNOW WHAT WE DO?!

O.K., so the name basically says it all - but do you really know how we operate?

We are fortunate in having two super leaders, Anne Machalica and Chris McKenna, and last November they held a planning meeting at which anyone was welcome to make suggestions as to places to visit or anything to do with the running of the Group. Anne and Chris then went away and worked their magic; a year's timetable was produced. This involved booking the transport - usually the HART bus, organising group visits to the gardens, sorting dates, and etc. The Group Members digest this - and get booking! First come, first served. Some folk book for the year, others just for the next one, or for two or three they would particularly like to visit.

There are pick ups at Morrow Avenue, the Rose & Crown, Sigglesthorne and Leven. Sometimes the visit is just to a garden, others we call in at a garden centre - depending on locations, time of garden opening, etc. Langlands has been visited, and our last trip found us at Selby Garden Centre, which was new to many of us. I was impressed - it is still independent, the quality and selection of plants excellent (I spoke to the plant buyer and she tries to get some more unusual plants), and the food was good!

We often have an introductory talk from the garden owner/s on arrival; sometimes the owners will go round with us - they are always very knowledgeable and helpful, and we have seen quite a variety of gardens. Often there will be plants for sale which have been propagated by the owners; these are usually plants not normally seen at Garden Centres, and one can get care information from the owners, and the prices are usually very good - I have bought plants at £2 and £3 recently (also an expensive one on that visit - £5!) Last year I bought from a garden we visited what has become my favourite plant in our garden - a William Lobb moss rose; I would never have heard of this without being a member of this group. Tea and cake generally feature in our visits - recently, on arrival at one garden, we sat and had tea/coffee and three types of (delicious!) cake before starting our tour.

Don't feel you have to come with someone if you are interested, some folk come with friends, many by themselves; if you want someone to wander around with, there will probably be someone, or some folk like to wander by themselves ...no set format. It's a great way to get to get to gardens we perhaps might not as individuals.

Lynda Lee
3rd August, 2026

Vegetable & Plant Swap

Although this season appears to be yielding less than usual, because of the hot weather, never the less you may have an abundance of something.

Whether it be vegetables, salad, or plants.

So don't forget if you have any surplus produce from your gardens and allotments, bring it to Septembers meeting to swap or just take. There will be a basket for donations (if you wish). All donations will go toward the cost of raffle prizes.



Quick News...

The Co-op funding has another 10 weeks to run. So please sign up when you shop and support your Hornsea & District u3a. So far 837 are supporting us and we'd love to reach 1000.

Any articles, photos, for the Facebook or website page please send to Diana on hornseau3a.webmaster@gmail.com

The Dog Walking Group has decided to rename itself to Walking Group which allows dogs (accompanied by their owners), as apposed to a dog walking group which allows unaccompanied humans, in a bid to attract more members.

And Finally....

****Hold the Date! u3a Summer Event 2027****

The committee is organising a Summer School Project for Tuesday 8th June '27, where we will take over several units at the Hornsea Village and have a mixture of speakers, well-being; crafts and cookery demonstrations. Please put the date in your diaries.

Thanks for reading and hope to see you on Tuesday 1st September 10 for 10.30am in the Floral Hall together with Olaf!

Hazel

Chair Hornsea & District u3a

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Answer to What am I?Fire